



- How did you feel?
- What did you find challenging?
- Did anyone think of giving up?

On a daily basis our children are faced with challenges within their school day. Sometimes tasks may be timed and other times it may be a task in a curricular area where they don't feel smart in.

A growth mindset is vital at these times to encourage and motivate the children to get through the tasks given to them by their teacher. This is why it is very important that we recognise the **power of YET** and install a growth mindset in all of our children and learner.



## **MINDSET QUESTIONNAIRE**

- Before we get started, we need to find out what your mindset is. This will help you to gain more knowledge and understanding from tonight's activities.
- This activity is private and we will only share if anyone is willing to share their results. There is no pressure :) !!

**RESULTS**

Prezi

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## THE RESULTS ARE IN... DUN, DUN, DUN!!!!

Look at your total score.

- Strong growth mindset = **45-60 points**
- Growth mindset with some fixed mindset ideas = **35 - 44 points**
- Fixed mindset with some growth ideas = **21-33 points**
- Strong fixed mindset = **0-20 points**

*Don't worry, we can all make a difference and change our mindset :))!*

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## WHAT IS GROWTH MINDSET?



VIDEO SUMMARY

Video Link → <https://www.youtube.com/watch?v=E4KEQzOW3ps>

## **GROWTH MINDSET SUMMARY**

- Growth Mindset is the stimulus to our children opening new doors and experience new ways of learning.
- It helps to create motivation for our students, challenge them and end with a huge sense of achievement.
- **THE BEST THING ABOUT GROWTH MINDSET IS THAT EVERYONE CAN HAVE IT AND GROW IT!!!!**
- All we have to do as parents and educators is model growth mindset and praise our children in the correct way to open their minds to new ways of thinking.

### **HOW CAN WE DEVELOP A GROWTH MINDSET IN OUR CHILDREN?**

- Recognise our own mindset
- Praise the process rather than the person
- Celebrate mistakes as being exciting. They have opened new learning pathways.
- Model making mistakes, share the mistakes you have made in the past with your children. Tell them how you have overcome them.

**PROCESS PRAISE**



## PARENTS INVOLVEMENT IN DEVELOPING A GROWTH MINDSET



TITLE

Video Link → <https://www.youtube.com/watch?v=d4uKCZTmyy4>

## Process Praise VS Person Praise

Person Praise	Process Praise
Great job! You must be smart at this.	Great job! You must have worked really hard.
See, you <i>are</i> good at English. You got an A on your last test.	You really studied for your English test and your improvement shows it.
You got it! I told you that you were smart. <i>Mrs. Winter's Bless</i>	I like the way you tried all kinds of strategies on that math problem until you finally got it.

In a nutshell, process praise is where we focus on the **strategies used** and the **effort** we have put in **rather than the person/individual**.



## **AT HOME**

**In what ways might you use growth mindset at home?**

Now that you know a little more about the potential growth mindset can have on our children's learning.

Share in your group how you hope to use growth mindset at home.

**"YOU CANNOT HAVE  
A POSITIVE LIFE AND  
A NEGATIVE MIND."**

- Joyce Meyer

**SO....  
OPEN YOUR  
MIND FOR NEW  
IDEAS**